

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School December Vacation	2 Tuna Salad Sandwich Fun Size Lay's Chips Celery Sticks w/ Dip Apple Sauce	3 Local Apple Cinnamon Parfait w/ Cabot Yogurt WG Pretzel Goldfish Roasted Butternut	4 Pizza Garden Salad Assorted Fresh Fruit	5 No Lunch
8 Mini Ravioli w/ Marinara Broccoli Apple Slices	9 Beef Taco w/ Cheese, Salsa, Lettuce, Sour Cream Asstd Fruit & Veggies	10 Local Apple French Toast Bake w/ Local Maple Syrup Cucumber w/ Dip Orange Slices	11 Pizza Bites w/ Sauce Caesar Salad Assorted Fresh Fruit	12 No Lunch
15 No School MLK Day	16 Chicken Nuggets Curly Fries Watermelon	17 Grilled Cheese w/ Tomato Soup Fresh Pear	18 Pizza Garden Salad Assorted Fresh Fruit	19 No Lunch
22 Mozzarella Sticks w/ Marinara Sauce Local Apple	23 Chicken Quesadilla Salsa & Sour Cream Cowboy Caviar Orange Slices	24 BBQ Pulled Pork Sandwich Celery Sticks Blueberries w/ Whipped Topping	25 Pizza Garden Salad Assorted Fresh Fruit	26 No School Teacher In-Service
29 Soft Pretzel Cabot Cheddar Apple Slices Baby Carrots w/ Dip	30 Cheeseburger Oven Fries Pickle Chips Assorted Fruit	31 Chicken Patty Parmesan Dippers w/ Marinara Buttered Peas Fresh Fruit	1 Pizza Bites w/ Sauce Garden Salad Assorted Fresh Fruit	2 No Lunch

DAILY ALTERNATES

Cheese Sandwich or Pizza Kit available daily as an alternate meal

Harvest of the Month:

APPLES



Fun Fact:

It takes about 36 apples to make one gallon of apple cider!

Healthy Serving Idea:

You can use applesauce as a substitute for oil in baking muffins and cakes! It's an easy way to get an extra serving of fruit in! Use a 1:1 ratio (e.g. 1/4 cup oil = 1/4 cup applesauce)

If students do not take a meal, they may purchase milk separately for \$0.60

This institution is an equal opportunity provider and employer. Menus may contain allergens.



IMPORTANT REMINDERS:

- ALL GPS students now qualify for FREE breakfast and lunch under CEP through School Year 2026-2027!
- All meals are served with milk and assorted fruits & vegetables
- Menu subject to change

FIND US ON SOCIAL MEDIA:

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