

## MONDAY



### FRIDAY 5/3 IS SCHOOL LUNCH HERO DAY!

This is an official day of appreciation for school nutrition professionals, aka "school lunch heroes!"

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**Pancakes** 6  
Sausage Patty  
Scrambled Eggs  
Hashbrown  
Fresh Melon

**Local Fish Sticks** 7  
w/ Ketchup or Tartar Sauce  
Dinner Roll  
Curly Fries  
Pickles

**Wild Mike's Pizza** 8  
Caesar Salad  
Assorted Fruit

**Smoky Pork Chili** 9  
Topped w/ Shredded Cheddar, Sour Cream, & Scallions  
Corn Bread  
Orange Slices

**No Lunch** 10

**Italian Dunkers** 13  
Cheesy Stuffed Breadstick w/ Marinara Dipping Sauce  
Fruit Cup

**Chicken Quesadilla** 14  
w/ Peppers & Onions  
Bean Salad  
Assorted Fruit

**Grilled Cheese** 15  
Tomato Soup  
Buttered Peas  
Pear

**Pizza** 16  
Salad w/ Local Greens, Feta, Strawberries & Balsamic Dressing

**No Lunch** 17

**"Everything" Seasoned Wild Mike's Bites** 20  
Sweet Potato Fries  
Strawberry Cup

**Turkey Snack Plate** 21  
Turkey Roll Ups  
Soft Pretzel  
Baby Carrots w/ Dip  
Watermelon

**Cook's Choice Entrée** 22  
Assorted Fruits & Vegetables

**Pizza** 23  
Garden Salad  
Assorted Fruits & Vegetables

**No Lunch** 24

**No School** 27  
Memorial Day

**Chicken Patty Strips** 28  
Oven Fries  
Stars & Stripes  
Sidekick Frozen Treat

**Pizza** 29  
Garden Salad  
Assorted Fruits & Vegetables

**Shepherd's Pie** 30  
Beef, Corn, & Mashed Potatoes  
Dinner Roll  
Apple

**No Lunch** 31

## DAILY ALTERNATES

Cheese Sandwich or Pizza Kit available daily as an alternate meal

## Harvest of the Month: SEAFOOD



### Fun Facts:

Fish have been on the Earth for more than 450 million years (even before dinosaurs)!

Seafood is also known as "brain food," because it helps your brain work well!

The Gulf Of Maine (which includes the coastline of Massachusetts) is home to over 3,000 types of marine life.

It's recommended that people of all ages should eat seafood at least twice a week.

If students do not take a meal, they may purchase milk separately for \$0.60

This institution is an equal opportunity provider and employer. Menus may contain allergens.



### IMPORTANT REMINDERS:

- ALL GPS students now qualify for FREE breakfast and lunch under CEP through School Year 2026-2027!
- All meals are served with milk and assorted fruits & vegetables
- Menu subject to change

### SAVE THE DATE FOR OUR 2024 SUMMER EATS KICK OFF!

- June 20, 3-6pm
- Green River Swim & Rec Area (Rain location: GMS)
- Free meal, activities, & more!
- More info coming soon!

