

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



**Welcome back!**  
Scan the QR code to read our Food Services updates for 2024-2025!



**Early Release Day Deli Lunch** 28  
Ham & Cheese  
Croissant Sandwich  
Cucumber Slices  
**Local** Peach

**Hamburger** 29  
w/ Lettuce & **Local** Tomato  
Oven Fries  
Wild Blueberries w/ Whipped Topping

**Pizza** 30  
Garden Salad w/ **Local** Lettuce, Chickpeas, Cucumber, Tomato  
**Local** Apple

**No School**  
Labor Day

**Mozzarella Sticks** 3  
w/ Marinara Sauce  
Green Beans  
Nectarine

**BBQ Chicken Flatbread** 4  
Celery Sticks & **Local** Carrot Sticks  
w/ Ranch  
Orange Slices

**Hot Dog** 5  
On a WG Bun  
Curly Fries  
Baked Beans  
Watermelon

**Pizza** 6  
Caesar Salad  
Assorted Fruit

**Mini Ravioli** 9  
w/ Marinara Sauce & Parmesan Cheese  
Dinner Roll  
Roasted Broccoli  
Applesauce

**Beef Soft Tacos** 10  
w/ Cheese, Lettuce, Sour Cream & **Local** Salsa  
Stewed Black Beans  
Fresh Fruit

**Chicken Patty Parm Sandwich** 11  
On a WG Bun  
Cucumber Slices  
Grapes

**Homestyle Breakfast** 12  
Eggs, Pancakes, Sausage Patty, Hashbrowns  
Grapefruit Slices

**Pizza** 13  
Garden Salad  
Red Pepper Slices  
Assorted Fruit

**Plant-Based Chik'n Nuggets** 16  
w/ Ketchup or Dip'n Sauce  
Baby Carrots  
**Local** Apple

**Fish & Cheese Sandwich** 17  
w/ **Local** Red's Best Fish Sticks  
Celery Sticks; **Local** Pickles; Fresh Fruit

**Local Baked Potato Bar** 18  
w/ Cheese, Broccoli, Black Beans  
Garlic Knot  
Fresh Peach

**Chicken & Waffles** 19  
w/ Drumstick, Syrup or Gravy  
**Local** Honey Glazed Carrot Coins  
Fresh Melon

**Pizza w/ Pesto, Local Tomatoes, & Local Mozzarella on One Mighty Mill Crust** 20  
Garden Salad  
Assorted Fruit

**Moroccan Chickpea Stew** 23  
With **Local** Feta  
Za'atar Flatbread  
Cucumber Slices  
Berries & Cream

**Chicken Fajitas** 24  
w/ Peppers & Onions  
Flour Tortillas  
Salsa, Sour Cream, Guacamole  
Asstd Fruit & Veggies

**Ciabatta Grilled Cheese** 25  
Chicken Noodle Soup  
Carrot Sticks w/ Dip  
**Local** Apple

**Tuna Salad Sandwich** 26  
On a Croissant  
Lay's Fun Size Chips  
**Local** Cherry Tomato  
Caprese Salad; Fruit

**Cheesy Italian Bites w/ Marinara** 27  
Garden Salad  
Assorted Fruit

## DAILY ALTERNATES

**Available Daily:**  
Sunbutter & Jelly or  
Cheese Sandwich

**Monday**  
Turkey & Cheese

**Tuesday**  
DIY Pizza Kit

**Wednesday**  
Nachos

**Thursday**  
Smoothie Meal

**Friday**  
Chicken Patty

## Harvest of the Month:

### TOMATOES



### Fun Fact:

Tomatoes come from Peru. Their Aztec name means "plump thing with a navel (belly-button)!"

If students do not take a meal, they may purchase milk separately for \$0.60

This institution is an equal opportunity provider and employer. **Menus may contain allergens.**



### IMPORTANT REMINDERS:

- ALL GPS students now qualify for FREE breakfast and lunch under CEP through School Year 2026-2027!
- All meals are served with milk and assorted fruits & vegetables
- Menu subject to change

### NEW PAYMENT SYSTEM!

We have a new Point-of-Sale system called SchoolCafé. To add funds to your student's account for additional meals or la carte items (GHS only) visit [family.schoolcafe.com](http://family.schoolcafe.com). Learn more about our a la carte pricing and payment policies at [gpsk12.org](http://gpsk12.org)!