




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
One Mighty Mill Bagel 30 w/ Cream Cheese Yogurt Orange Slices	Chicken Caesar Salad Wrap 1 Fun Sized Chips Carrot Sticks w/ Dip Local Apple	Smoky BBQ Pork Chili w/ Cheese & Sour Cream 2 Tortilla Chips Broccoli w/ Dip Fruit Cup	Penne w/ Meat Sauce 3 Buttered Peas Berries & Cream	Pizza 4 Garden Salad Assorted Fruits & Vegetables
Bean & Cheese Pupusa 7 w/ Curtido & Salsa Street Corn Salad Peaches w/ Tajin	French Toast Sticks 8 Local Maple Sausage, Sweet Potato Waffle Fries, Local Pear	Cheeseburger 9 Oven Fries Pickle Chips Fresh Melon	Ham & Cheese Croissant Deli Melt 10 Carrot & Celery Sticks w/ Dip Local Apple Cider	Pizza 11 Garden Salad Assorted Fruits & Vegetables
No School 14 Indigenous Peoples' Day 	Captain's Chicken Nuggets 15 Deck Hand Dinner Roll, Golden Doubloon Corn, Ahoy Apple Slices	Buccaneer Burrito 16 w/ Salsa & Sour Cream Parrot Peppers Ocean Orange 	High Seas Fish Sticks, Mariner 17 Mashed Potatoes, Greedy Garlic Knot, Compass Carrots, Treasure Chest Fruit Salad 	Pirate's Pizza 18 Sailor Spinach Salad Fortune Fruit 
Mozzarella Sticks 21 w/ Marinara Sauce Roasted Broccoli Fruit Cup	Chicken Quesadilla 22 Salsa & Sour Cream Cowboy Caviar Grapes	Cheesy Harvest Fri-TOT-a 23 Buttered English Muffin Cucumber Slices Grapefruit Wedges	Early Release 24 Deli Sub Cherry Tomatoes Local Pear	Early Release 25 Deli Wrap Baby Carrots w/ Ranch Apple Slices
Soft Pretzel 28 w/ Honey Mustard, Local Cabot Cheddar, Chocolate Chickpea Dip, Apple Slices, Asstd Veggies	Chicken Patty Sandwich 29 Curly Fries Red Pepper Slices Fresh Melon	Mac & Cheese 30 Cornbread Broccoli Salad Local Pear	Chicken & Veggie Dumplings, Teriyaki 31 Glazed Local Carrots Edamame Salad Mandarin Oranges Fortune Cookie	Pizza w/ Local 1 One Mighty Mill Crust Garden Salad Assorted Fruits & Vegetables

DAILY ALTERNATES

Available Daily:
 Sunbutter & Jelly or
 Cheese Sandwich

Monday

Turkey & Cheese

Tuesday

DIY Pizza Kit

Wednesday

Nachos

Thursday

Smoothie Meal

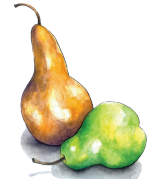
Friday

Chicken Patty

Harvest of the Month:

PEARS

Fun Fact:
 Every pear in the U.S. is hand picked!



Set sail for a week of delicious adventures!



IMPORTANT REMINDERS:

- ALL GPS students now qualify for FREE breakfast and lunch under CEP through School Year 2026-2027!
- All meals are served with milk and assorted fruits & vegetables
- Menu subject to change



NATIONAL SCHOOL LUNCH WEEK

Real pirates eat their fruits and veggies! Join us October 14-18 as we celebrate #NSLW24 with a special "School Lunch Pirates" themed menu, decorations, and prizes!



If students do not take a meal, they may purchase milk separately for \$0.60

This institution is an equal opportunity provider and employer. **Menus may contain allergens.**