



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| One Mighty Mill 30 Bagel Egg & Cheese Sandwich Yogurt Orange Slices | Chicken Caesar 1 Salad Wrap Fun Sized Chips Carrot Sticks w/ Dip Local Apple | Smoky BBQ Pork 2 Chili w/ Cheese & Sour Cream Tortilla Chips Broccoli w/ Dip Fruit Cup | Penne w/ Meat 3 Sauce Buttered Peas Berries & Cream | Pizza 4 Garden Salad Assorted Fruits & Vegetables |
| Bean & Cheese 7 Pupusa w/ Curtido & Salsa Street Corn Salad Peaches w/ Tajin | French Toast 8 Sticks Local Maple Sausage, Sweet Potato Waffle Fries, Local Pear | Cheeseburger 9 Oven Fries Pickle Chips Fresh Melon | Ham & Cheese 10 Croissant Deli Melt Carrot & Celery Sticks w/ Dip Local Apple Cider | Pizza 11 Garden Salad Assorted Fruits & Vegetables |
| No School 14 Indigenous Peoples' Day  | Luffy's Chicken 15 Meat on the Bone Deck Hand Dinner Roll, Golden Doubloon Corn, Ahoy Apple Slices | Buccaneer 16 Burrito w/ Salsa & Sour Cream Parrot Peppers Ocean Orange  | High Seas Fish 17 Sticks, Mariner Mashed Potatoes, Greedy Garlic Knot, Compass Carrots, Treasure Chest Fruit Salad  | Pirate's Pizza 18 Sailor Spinach Salad Fortune Fruit  |
| Mozzarella Sticks 21 w/ Marinara Sauce Roasted Broccoli Fruit Cup | Chicken 22 Quesadilla Salsa, Sour Cream, & Guacamole Cowboy Caviar Grapes | Cheesy Harvest 23 Fri-TOT-a w/ Bacon Buttered English Muffin Cucumber Slices Grapefruit Wedges | Early Release 24 Deli Sub Cherry Tomatoes Local Pear | Early Release 25 Deli Wrap Baby Carrots w/ Ranch Apple Slices |
| Soft Pretzel 28 w/ Honey Mustard, Local Cabot Cheddar, Chocolate Chickpea Dip, Apple Slices, Asstd Veggies | Chicken Patty 29 Sandwich Curly Fries Red Pepper Slices Fresh Melon | Jalapeño 30 Mac & Cheese Cornbread Broccoli Salad Local Pear | Chicken & Veggie 31 Dumplings, Teriyaki Glazed Local Carrots Edamame Salad Mandarin Oranges Fortune Cookie | Pizza w/ Local 1 One Mighty Mill Crust Garden Salad Assorted Fruits & Vegetables |

DAILY ALTERNATES

Available Daily:
 Sunbutter & Jelly,
 Cheese Sandwich,
 Salad, Deli Sandwich

- Monday**
Pizza
- Tuesday**
Meatball Sub
- Wednesday**
Nachos
- Thursday**
Smoothie Meal
- Friday**
Chicken Patty

Harvest of the Month:

PEARS
Fun Fact:
 Every pear
 in the U.S. is
 hand
 picked!



Set sail for a week of delicious adventures!



IMPORTANT REMINDERS:

- ALL GPS students now qualify for FREE breakfast and lunch under CEP through School Year 2026-2027!
- All meals are served with milk and assorted fruits & vegetables
- Menu subject to change



NATIONAL SCHOOL LUNCH WEEK
Real pirates eat their fruits and veggies! Join us October 14-18 as we celebrate #NSLW24 with a special "School Lunch Pirates" themed menu, decorations, and prizes!



If students do not take a meal, they may purchase milk separately for \$0.60

This institution is an equal opportunity provider and employer. **Menus may contain allergens.**