October 2025

GPS LUNCH MENU

Preschool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soft Pretzel w/ Fruit & Yogurt Parfait 29 Assorted Fruits & Vegetables	**Walking Taco** 30 Doritos w/ Beef, Cheese, & All the Fixings! Bean & Corn Salad Melon w/ Tajin	**Popcorn chicken** 1 Lay's Fun Size Chips Local Carrot Sticks w/ Dip Grapefruit Slices	**Pizza** 2 Cucumber and Tomato salad Apple slices	No Lunch 3
Mozzarella Sticks 6 w/ Marinara Sauce Peas Apple	**Hamburger** 7 Broccoli salad Orange slices	**French Toast Sticks** & Syrup 8 Hashbrowns Sausage Patty Orange Juice	No Lunch 9	No Lunch 10
No School 13 Indigenous Peoples' Day	**Beef Tacos** 14 lettuce, tomato, salsa, cheese black beans	**Pasta & marinara sauce** 15 snap peas, fruit	**Pizza** 16 Bell pepper slices Apple Slices	No Lunch 17
Mini Ravioli w/ Marinara Sauce 20 Texas Toast Buttered Peas Apple Sauce	**Chicken Nugget Basket** 21 Dinner roll Curly Fries Carrot Sticks Local Pear	**Turkey Snack Sampler** 22 w/ Crackers, Cabot Cheddar, Honey Mustard, Snap Peas, & Kiwi	**Pizza** 23 Garden salad Orange slices	No Lunch 24
Cheese quesadilla 27 Black beans Celery Sticks w/ Dip Peaches	**Chicken Fajitas** 28 Grilled vegetables, <u>Harvest of the Month special</u>- Pear parfait	**Hamburger** 29 Corn Watermelon	**Pizza** 30 Broccoli salad Assorted fruit	No Lunch 31

DAILY ALTERNATES

Dairy-Free Snack Kit, DIY Pizza Kit, or Cheese Sandwich available daily as an alternate meal

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Harvest of the Month:
PEARS
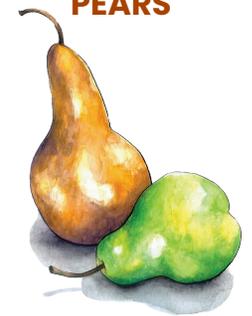
Fun Fact:
Every pear in the U.S. is hand picked!

If students do not take a meal, they may purchase milk separately for $0.60

This institution is an equal opportunity provider and employer. **Menus may contain allergens.**

IMPORTANT REMINDERS:

- ALL GPS students qualify for FREE breakfast and lunch under CEP through School Year 2026-2027!
- All meals are served with milk and assorted fruits & vegetables
- Menu subject to change

NATIONAL SCHOOL LUNCH WEEK 2025! TASTE THE WORLD!

This NSLW we're taking students on a culinary trip around the world! From Mexico to Japan, we're highlighting global cuisines to excite students' taste buds and spark conversation!