

October 2026 Menu – GPS Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Oven roasted chicken, local roasted butternut squash, mashed potato, garlic knot	2 Wild Mike's Pizza Bites Salad
5 Flatbread pizza with pesto, sliced tomato, mozzarella	6 Hot dog, baked beans, potato salad	7 Fish and chips (baked fries), apple slaw, whole grain roll	8 Early release bag lunch–Deli sandwich, fruit, carrots and dip	9 Early release bag lunch–Deli sandwich, celery & dip, local apple
12 No School– Indigenous People's Day	13 "Wings bar" (variety of flavored chicken tenders), garlic bread, Asian-style cabbage slaw	14 Hamburger, optional cheese. Broccoli and dip	15 Popcorn chicken, sweet potato waffle fries applesauce	16 Wild Mike's pizza stick, salad
19 Eggplant parm over pasta. Chickpea salad	20 Ramen noodle bowl with chicken, veggies. edamame	21 Steak grinder with onions, bell peppers. Carrots	22 Chicken burrito Mexican street corn	23 Pizza, salad
26 Breakfast for lunch– Egg round with cheese, french toast stick, hash brown rounds, oranges	27 Mini chicken corn dogs sweet potato fries	28 Chicken Cesar wrap cauliflower	29 Pasta with marinara & meat sauce	30 Wild Mike's pizza bites, salad

Free Breakfast & Lunch,
available for all students,
every day!

Alternative Meals available
every day:
Sunbutter & Jelly or Cheese
sandwich

Daily alternates
Monday: Nacho kit

Tues: DIY Pizza Kit

Wed: Breakfast Sandwich

Thurs: Bagel and Yogurt

Friday: Chicken Patty
sandwich

*All meals served with
assorted fruit, vegetables,
milk*

-A milk with no meal: \$0.60

Project Bread Food
Resource
hotline: 1-800-645-8333

Harvest of the Month- look
for **local apples** on the
menu!



**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.
MENUS MAY CONTAIN ALLERGENS. MENU SUBJECT TO CHANGE**

**ALL STUDENTS RECEIVE FREE MEALS UNDER
THE COMMUNITY ELIGIBILITY PROVISION**